BLOCK ASSOCIATION NEWSLETTER

EDITOR: Trudie Grace

December 14, 2015
Layout Editor: Jon Smith

West 104th Street Historic District News

318 & 320 West 104th Street

In June of this year, the New York City Landmarks Preservation Commission designated a new Historic District covering most of the buildings from 92nd to 108th Streets and from Riverside westward to Broadway. The new Historic District includes all of the buildings encompassed by the West 104th Street Block Association.

Our block of West 104th Street was among the last streets on the Upper West Side to be legally opened and made ready for development (i.e., to have water and sewer lines installed and to be graded and paved.) A realestate atlas published in 1891 shows

only one building on the block, the threestory stone mansion of a "Professor Bacon" that then stood at the northeast corner of Riverside Drive.

In that same year, Clarence True began work on a group of ten row houses on the south side of the street (numbered 304 through 322). True (1860–1928) was one of the most enterprising architects of his day.

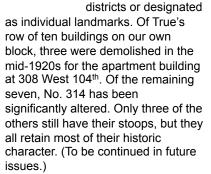
For most of his projects, he was both designer and builder, working sometimes for investors, as was the case here, and sometimes for his own account. Over a period of three decades in the late 19th and early 20th centuries, True built about 400 buildings on the Upper West Side, and in Morningside Heights and Harlem.

True's work was a departure from the dour brownstone aesthetic that had

been popular in New York for more than a generation. Typically his facades are a combination of stone -either brownstone or limestoneand Roman brick, which is longer and flatter than standard brick. Also, while brownstones were often built in rows of identical houses. True varied the facade designs within each row, giving each house a distinctive identity. His basic style was Renaissance Revival, but he also used details drawn from Romanesque, Gothic, and Flemish styles. A favorite device was to top the facade with what appeared to be a gable-end—actually an oversized dormer—in the Flemish manner. No.

318 is an example of this. True also varied his facades by using different shades of brick—gray, cream, yellow, orange, but rarely brick red.

Many of True's buildings have long since been demolished to make way for apartment houses or other larger structures. Among those that survive, scores are either included in historic





Letter from the President 2015

As the newly elected president of the West 104th Street Block Association, it is my pleasure to outline our activities this past year with Gary Waskow at the helm. Our mission is to promote the safety and general welfare of our residents and to preserve and improve the quality of life of our immediate community. We believe we have accomplished these goals and look forward to continuing our mission in 2016.

The Safety of our residents was the foundation on which the block association was formed. We retain a block security guard, Osbourne Thomas, six days a week in the evening to ensure that our residents arrive home safely. As always, we strive to meet the needs of our residents so we are conducting a survey to determine the efficacy of the block guard's hours and time spent on the block. Please take a moment to complete this short survey!

We coordinated a **tree removal** on the south side of the block with the NYC Parks Department. The tree was unhealthy and posed a hazard to residents walking the block as well as the cars parked in the area. The parks department will plant a new tree in the spring of 2016. We have retained a private company, Bartlett Tree Service, to remove dead branches on all of our trees within the block association catchment. A special thanks to Larry Stern who navigated through the paperwork of the NYC Parks Department and arranged fir tree pruning with Bartlett Tree Service.

To keep our trees healthy and no risk to our residents, we also retained Bartlett Tree Service to perform a **deep fertilization of all the trees** on the block in the spring and fall.

Who would not agree that walking home down a beautiful block enhances your **quality of life?** To that end, the block association planted and maintained our beautiful tree wells with large leaf begonias and perennial plants such as hosta. The board retained Urban Explorations, a professional landscaping company specializing in city landscapes, for advice on the best plants for our area, and to purchase healthy plants, as well as to plant and

Cont'd on Pq 3

Read the Newsletter Early Online!!!

There is a seven to ten day lag between finishing the newsletter and its delivery to your door. We usually post the newsletter to our website as soon as it is sent to the printer so if you want to know what's happening before you receive your copy, go to our website.

http://bloomingdale.org/newsletters/

Recently Elected Officers of the Block Association Board



Mary Koval (center), formerly secretary, became president. Gary Washkow (right), formerly president, is now vice-president. Trudie Grace (left) is the new secretary while Barbara Boynton (not pictured) continues as treasurer.

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We fully support Fair Housing, both in the spirit and the letter of the law

W 104 ST BLOCK ASSN FINANCIAL REPORT November 2015

ı			
	Opening Balance (11/01/15)		\$22,586.87
l	Income		
l	Dues	480.00	
l	Grants & Awards	150.00	
l	Newsletter ads	80.00	
l	T-shirts	24.00	
l	Interest	.71	
l	Total	+734.71	+734.71
l	Disbursements		
l	Guard service	1,987.37	
l	Printing & Mailing	1,064.00	
l	Yard Sale	140.00	
I	Misc	208.00	

Closing Balance (11/30/15) \$21,354.21

Total

Deposit delayed

Check delayed

-3,399.37

127.26

1,304.74

-3,399.37

If you would like to write for the 104th Street Newsletter, we'd love to hear from you. Please send Jon an email at:

104thstreetba@gmail.com

Contributors to the December issue:

Barbara Boynton, Trudie Grace, Alex Grannis, Caitlin Hawke, Mary Koval, Nancy Lian, Hanna Rubin, Jon Smith, Gil Tauber

West 104th Street Block Association Board

President Mary Koval 895 WEA 212.866.3556 VΡ Gary Waskow 320 RSD 212.932.9082 Trudie Grace 308 W 104 212.222.2303 Secretary Treasurer Barbara Boynton 905 WEA 212.864.1011 Members

> Barbara Bryan 315 RSD 212.864.5663 Alex Grannis 895 WEA 212.316.1644 Jeff Howitt 315 RSD 212.866.5569 Nancy Lian 320 RSD 212.316.6112 Joyce Mann 309 W 104 212.721.6341 Martin Mann 309 W 104 212.721.6341 Lynn Max 315 RSD 212.666.3129 Hanna Rubin 315 RSD 212.865.4579 Jon Smith 320 RSD 212.222.4431 Larry Stern 315 RSD 212.794.2288 Steven Zirinsky 315 RSD 212.866.6732 Sid Herzfeld 895 WEA 212.749.0085

Emeritus

landscapes, for advice on the best plants for our area, and to purchase healthy plants, as well as to plant and fertilize the young plants. As a result, we were rewarded with **beautiful flowers** throughout the summer months and into the fall.

We enhanced our **communication** with block residents by sending out **emails** with information we thought would be of interest. Board members attend the 24th Police Precinct Community meetings, the West Side Federation of Neighborhood & Block Associations meetings, and the Community Board 7 meetings in order to obtain the latest information about our neighborhood so we may pass it on to you. Did not receive an email? Send us your email address to west104blockassociation@gmail.com. We do not share our database.

Our **newsletters** provide you with an opportunity to "catch up" on the neighborhood activities, get "up close and personal" with neighbors through our "In the Spotlight" section, and post an ad for services and goods. Trudie Grace has joined the newsletter team as editor. A special thanks to Jon Smith who works tirelessly on each issue and all the board members for faithfully distributing the newsletters to your door or mailbox.

This year the block association enhanced our **website** to bring you up-to-the-minute community news, services, and a calendar of events. Haven't visited the website? Now is the time! Go to www.bloomingdale.org and peruse all the information from government contact to new restaurants, buy a block association T-shirt or tote bag, and pay your membership dues via PayPal. A special thanks to block resident Noreen Whysel, our webmaster.

Social activities play an important part in any community. In 2015, we hosted a members' meeting during which members had an opportunity to vote for board members, nominate a person for inclusion on the board, socialize with your neighbors over refreshments, and receive updates on current community affairs. We plan to continue these meetings annually. Look for the 2016 meeting date in an email communication and in the newsletter, and meet your neighbors and board!

The block association partnered with two neighboring organizations, the West 102/103rd Streets Block Association and Bloomingdale Aging in Place, to bring you two activity groups, the **Tri-Bloomingdale Brisk** and the **Tri-Bloomingdale Ice Skating Group** which will begin in January 2016. An educational group, the **Tri-Bloomingdale Networking in the Neighborhood (NITN)** is a group of your neighbors who run their own businesses from home. Please see the separate article in this newsletter for the details of all three groups.

Our 26th (yes 26th!) West 104th Street Block Association Yard Sale was held in October and fun, bargains, and lively entertainment was enjoyed by all! The yard sale has become quite popular not only with the block residents but residents from the surrounding area. What a great time to meet and greet a resident from 108th Street whom you see at the market or bank. A special thanks to Jeff Howitt who has coordinated the yard sale the last eight years and to all our volunteers who make it a success.

Rapid Park Garage on 101st Street continues to provide **parking discounts** to our existing members, and we are negotiating the

contract for a discount for new members. Please remember, you must pay your dues by in full (\$140.00) in order to continue to receive the discount.

Impressed? You should be! You and the allvolunteer board of directors make the block association a success in establishing a wonderful community of neighbors. In fact, the block association was honored by the West Side Federation of Neighborhood and Block Associations by being selected for the 2015 Community Service Award. We also received a grant of \$150.00 from the same organization to assist us in pursing our goals. In order to maintain and expand our current activities and initiatives, WE NEED YOU! We need you to volunteer, to join the board, to send us your concerns and recommendations, and to pay your dues. Our expenses in 2015 were approximately \$40,000; and, while we do receive grants and contributions, we ask that all residents of the block pay annual dues to help maintain the safe, beautiful, and enhanced quality of life that makes this block the best block on the Upper West Side, if not NYC!

I look forward to working with my fellow board of director officers, Gary Waskow (Vice-President), Trudie Grace (Secretary), and with Barbara Boynton (Treasurer), as well as my fellow board members who work tirelessly on all our projects. Most of all, I look forward to working with you—the block residents.

To contact us, please telephone 212-866-3556 or email west104blockassociation@gamail.com.

Mary Koval, 895 West End Ave, 6D. Wishing everyone a happy, safe, and healthy New Year!

Two Board Members Resign

Bonnie Dry and Beverly Block have resigned from the Block Association Board.

Bonnie Dry joined the board in June 2009. She was in charge of the tree beds, ordering and storing plants, and recruiting and supervising volunteers for seasonal planting. Bonnie also solicited advertisements for the newsletter, monitored the security guard's hours, sold raffle tickets, and lent a hand whenever needed.

Beverly Block was been a member of the board since February 2012. She was responsible for the distribution of the newsletter, arranged and supervised the entertainment for the Yard Sale, and sold raffle tickets before and during the Yard Sale.

We appreciate the skills and enthusiasm Bonnie and Beverly brought to the Block Association, and they will be sorely missed. Their involvement in board activities was truly appreciated.

Nancy Lian



Dr. Lawrence Stern Elected to Board

Dr. Lawrence Stern, a recent resident of 315 Riverside Drive, is a retired internist turned ceramist. He was born in Williamsburg, Brooklyn, was raised on Long Island, and returned to Manhattan in 1972 after completing his education. He has held a lifelong

passion for the city. This past March, he moved from East 78th Street to his present home with his husband, pianist/composer Paul Zeigler. Larry has been delighted by the charm and beauty of 104th Street and nearby Riverside Park, but the approachability and friendliness of his new neighbors and a strong sense of community were unexpected

Larry's concern with an ailing tree on 104th Street brought him in contact with the Block Association. Speaking with board members, he decided to take an active role and joined the board.



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West 104 Newsletter December 2015

COMMUNITY CORNER

Tri-Bloomingdale Activities

The West 104th Street Block Association has partnered with two of our neighboring organizations, the West 102/103rd Streets Block Association and Bloomingdale Aging in Place, to bring you another Tri-Bloomingdale activity:

TriBloomingdale Ice Skating

Neighbor Miriam Duhan is an avid ice skater and will be organizing occasional skating outings for adult neighbors of any age. Over the course of the winter, Miriam will contact all group members with details about meetups for neighbors to head off to Lasker Rink in the northeast corner of Central Park. Admission is \$7.50 for adults and \$2.25 for seniors. (Parents may come with their children). Skates and locks for lockers may be rented for a reasonable fee at the rink. If you wish to receive Miriam's emails regarding occasional outings, please reply to Caitlin Hawke (chawke@bloominplace.org or 212-842-8831 x52) and be sure to refer to the skating group. The first outing will probably be the weekend of January 9-10.

Please remember our other two Tri-Bloomingdale activities which have been very successful to date:

<u>TriBloomingdale Sunday Morning Brisk</u> <u>Walking Group</u>

Fresh back from her trek, walking enthusiast and neighbor Teresa Elwert offers neighbors a weekly 60-minute group walk on Sundays at 8 a.m. The walks are at a brisk pace (17-minute mile) and incorporate hills. To learn more about whether this brisk pace is right for you and where the group meets, please please reply to Caitlin Hawke (chawke@bloominplace.org or 212-842-8831 x52) and be sure to refer to the Sunday walking group. New walkers are welcome at any time.

<u>TriBloomingdale Networking in the Neighborhood</u>

Our Networking in the Neighborhood Group (NITN) was established last winter by Harriet Hoffman, a local sole business proprietor and seasoned networker, and it has grown to nearly 50 members. The group was created in response to many neighbors' interest in connecting with other people who are running businesses from home. NITN members meet the first Friday of every month to get to know each other, discuss practical business questions, and identify ways to support one another. NITN eligibility is limited to our immediate area so that members may become local resources for

one another. There are a wide range of businesses—from brand new startups to established and thriving enterprises. New members are welcome. To join, please reply to Caitlin Hawke (chawke@bloominplace.org or 212-842-8831 x52) and be sure to note that you are responding about NITN.

These groups are open to all members of the three organizations. If you have an idea of another Tri-Bloomingdale group that would appeal to all, please let us know.

Thanks to Hedy Campbell of the 102/103rd Streets Block Association and Caitlin Hawke of Bloomingdale Aging in Place for assisting in the coordination of these activities. A very special thanks to our group leaders who volunteer their time and energy.

The 102/103rd Streets Block Association Winter Solstice

Join the 102/103rd Streets Block Association for holiday caroling on **Monday, December 21 at 7 p.m.** Meet at 865 West End Ave. Refreshments will follow. Donate new or likenew gifts for those in need.

For more information regarding the event, please visit http://www.w102-103blockassn.org/

Stepping Up: BAiP has a Job for You!

Meaningful engagement is one of those things we don't miss until it is gone. For some, that moment may come when a great job goes bad. For others, it's when we take the proverbial gold watch and finally call ourselves "retired."

It turns out that work—or at least meaningful engagement—staves off cognitive decline by keeping us performing new skills and connecting us into a social fabric. These effects stimulate us neurologically and physiologically—sort of a "use it or lose it" effect on the brain. And we know the positive

effects that come from volunteering one's time at any age or stage in life.

Bloomingdale Aging in Place (bloominplace.org) is an incubator of meaningful engagement just waiting for you! The secret motor fueling BAiP's growth is its ever-widening pool of talented volunteers: recent retirees, happy grandparents, and culture vultures who find time to become involved.

The organization is waking up to the diverse wishes of potential volunteers. Under the leadership of two energetic coordinators, Miriam Cukier and Leilani Straw, BAiP's newly formed Volunteer Committee has identified a catalogue of ways adult

neighbors of any age can discover the pleasure of engaging by giving time and energy to this nonprofit.

You want a one-time gig? We've got that! Lead an activity group or a restaurant outing in the neighborhood.

- You want something more in-depth but don't want it to feel like a job? We've got that! Help plan and organize salons, coffee klatches, or our informative panels.
- You want to be in the trenches again but love the idea of partnering with someone else so that the responsibility doesn't fall entirely to you? You read our mind! We have that, too.
- There are also administrative roles that can be done remotely and in spurts of time. If you have computer or technology know-how, accounting or CPA talents, legal expertise, or other professional training, we can also put that to great use.

Whether you are still working, retired, deeply involved in raising a family, or feel that your community is shrinking as you get older, BAiP most likely has something for you. And the best part is, it's all right here within a few blocks. We'd love to hear what you are looking for in terms of your meaningful engagement. You won't receive a gold watch. But your job satisfaction is guaranteed! To learn more, contact Leilani and Miriam at volunteers@bloominplace.org or (212) 842-8831 ext. 41.

Caitlin Hawke

James Perez

Senior Vice President/Associate Broker

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www.bloomingdale.org 4 West 104 Newsletter December 2015

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As an accredited Compounding Pharmacist, Suba will work with your physician, your pet's veterinarian or the healthcare practitioner of your choice to prepare medications specially formulated to meet your individual needs. For more information, talk to Suba or your physician.

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BASHIR SUBA RPH

A Health Habit in the Hood!

You may know a thirty-year resident of our neighborhood as the biker with flaming red hair on a Harley! She now rides a BMW and flaunts her short and sassy white hair looking as youthful as ever! How does this fifty-threevear-old Broadway dancer, turned Tao minister and wellness practitioner, stay so full of life? It is her mind-body approach to movement: BodyLogos.

She is Tammy Wise. You may know her personally from her years of teaching group fitness classes. She now devotes herself to BodyLogos, a perfect connection between emotional and physical wellbeing which you can experience in a class or in personal training. Her approach is unique and helps you feel stronger in your life in so many ways.

The BodyLogos Class is perfect for people wanting to integrate self-development and physical fitness. Anyone injured or disheartened by traditional fitness classes who could use self-affirming fitness that restores the body's energy would thrive in a BodyLogos class.

Tammy's BodyLogos class is taught as a Master Class at BeFitNYC, on Broadway between 104th and 105th Streets, every Sunday from 3:30 to 4:45. movement in a new way.

Tammy offers a 50% discount on your first BodyLogos class! Check it out, and start a healthy habit this winter! For more information about BodyLogos, go to www.bodylogos.com.

Nancy Lian

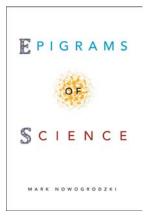
Any level of fitness is welcome. as you learn to motivate your

Author Author

Mark Nowogrodzki, a resident of our block since 1955, has embarked on a new career at the age of ninety-five. He has authored a book entitled Epigrams of Science, which was published September 16, 2015. Mark originally wrote for his four

grandchildren while they were still in college and then continued to create these epigrams to reflect the latest findings in various scientific disciplines. Some tempting titles are "Microtubules," "The Uncertainty Principle," "The Space Race,"
"Modem Warfare," "The Piano and
the Universe," "The Mathematics of
Chaos," and "Laziness in Nature."

Mark was "In the Spotlight" in our February 2015 newsletter, available at www.bloomingdale.org. He was born in Warsaw and got stuck there when World War II broke out. His remarkable journey leaving Poland in 1940 via Trans-Siberian Railway to Vladivostok, then to Japan, and



finally to America is a book in itself. Mark was recruited into the U.S. Army. During his basic training, he and a few other multilingual immigrants were granted immediate U.S. citizenship before being shipped out. A G.I. Bill enabled him to continue studies in electrical engineering, and he earned both a B.S. and M.A. at the then Polytechnic University of Brooklyn. He worked on advanced microwave systems and on microwave research at Hazeltine Corp. and RCA Laboratories.

The 116 page book of 150 epigrams is available in bookstores or on Amazon for \$11.95. It would make a great holiday gift for people of all ages.

Nancy Lian

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To: All Pet Owners From: Block Resident

RE: Terrific Vet Who Takes Care of Your Pets Via House Calls

Have you heard the good news? There's a very competent and lovely vet who comes to you. That's the way he does business. No office visits. That's right—you heard me.

Don't stop reading this because you think this is expensive because it's not. Charges are within the limits in our area.

Can you imagine dispensing with lugging your pet(s) to somewhere in the neighborhood? Not only that, the vet learns more about your pet(s) by being able to observe them in their home environment. And when he leaves your place, if there are further questions/problems, he is readily available by phone or

I have nothing to gain by promotion of Vetcierge, other than the pleasure of sharing a good opportunity. And also, if Dr. Lavine is in the neighborhood more often, then it's easier for him to pop by for a fourlegged pedicure!

Contact Information:

Dr. Jeff Lavine

Vetcierge vetcierge@gmail.com (212) 969-9729

West Federation Meeting on Sanitation Policies

On November 10, Ignazio Terranova, the Citywide Community Affairs Officer of the Department of Sanitation of New York City, reported on sanitation policies. On West 104th Street, the pick-up schedule is the following: Tuesday—trash and recyclable items; Thursday and Saturday—trash only. Three separate trucks pick up: 1, paper; 2, recyclable plastic, glass, and metal; and 3, trash—food and non-recyclables.

The Sanitation Department has begun a new organic food waste collection. The collections are on Monday, Wednesday, and Friday. The organic bin for this waste is supplied by the Sanitation

There is no pick-up of trash on the city holidays, which, in addition to the major holidays (New Year's, Veterans Day, etc.), include Election Day and school religious holidays. Call 311 to report any concerns about trash removal.

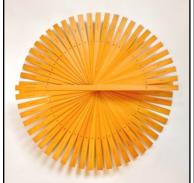
Alex Grannis



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New York Theatre Ballet's one-hour *Nutcracker* is perfect for younger children; "Wreath Interpretations" at Central Park's Arsenal features quirky concepts like Venetian blinds; the New York Philharmonic celebrates "La Vie Parisienne" on New Year's Eve.

Upcoming Events in the Neighborhood and More!

12/4–1/7: Celebrate invention and innovation with Central Park's 33rd annual exhibit of unconventional holiday décor, "Wreath Interpretations." Among this year's entries are wreaths made from Ventian blinds and lost winter gloves. Open weekdays from 9 a.m.–5 p.m. at the Arsenal at 830 Fifth Ave. Free.

12/10–12/13: Visit Olde New York with the **Yorkville Nutcracker**, performed by Dances Patrelle at Hunter College's Kaye Playhouse. Quaint sets and costumes take audiences back to a holiday party at Gracie Mansion and more. This year Sugar Plum and her Cavalier will be danced by **New York City Ballet principals Abi Stafford and Adrian Danchig-Waring**. Sharp eyes may catch **choreographer du jour Justin Peck**, who will appear as the Snow King at several performances. Tickets start at \$45. www.dancespatrelle.org.

12/13 & 12/20: Sacred Music in a Sacred Scared Space presents "Sing We Noel," its annual Christmas concerts, with the Choir and Orchestra of St. Ignatius Loyola, on Park Ave. and 85th St. The program will include classics like Adolphe Adam's "O Holy Night" and excerpts from Handel's classic holiday oratorio, The Messiah: Tickets start at \$35. www.smssconcerts.org.

12/15–12/19: In another annual holiday tradition, the New York Philharmonic will again present Handel's **Messiah**. Tickets start at \$29. www.nyphil.org.

12/18: Get into the festive spirit with Bloomingdale School of Music's **Holiday Brass** concert. Hear all your favorite holiday tunes performed by a brass quintet and percussion. 7 p.m. Free.

www.bsmny.org. See website for more concerts.

12/19: The beloved *a cappella* group The Western Wind returns with their annual Holiday Light concert (and occasional instrumental accompaniment) at the Abigail Adams Smith Auditorium on East 61st St. Enjoy traditional Chanukah and Christmas music, as well as contemporary seasonal works. 8 p.m. Tickets start at \$25. www.westernwind.org.

12/31: Spend New Year's Eve in Paris, celebrating and supporting **the City of Light** at the New York Philharmonic's "**La Vie Parisienne**" concert. Conductor Alan Gilbert leads the orchestra in works by Offenbach, Ravel, Saint-Saëns, and others. 7:30 p.m. Tickets start at \$29. www.nyphil.org.

1/9: Relax and revive after the holiday rush to the **classical crossover repertoire** of San Francisco Quartet, with guest artist Alex DeGrassi on steel string guitar at Symphony Space. 8 p.m. Tickets are \$25. www.symphonyspace.org.

1/11: Juilliard kicks off **ChamberFest 2016**, an intensive week of chamber music rehearsals and performances with a concert featuring Stravinsky, Ligeti and Mendelssohn in Paul Recital Hall. 7:30 p.m. Free. For details, www.juilliard.edu.

Activities for Children

12/11–12/13: Tchaikovsky's holiday fairy tale gets yet another outing with *Keith Michael's The Nutcracker*, performed by New York Theatre Ballet at Florence Gould Hall on East 59th St. A charming one-hour version, this edition is perfect for small children. Tickets are \$24 for children, and \$34 for adults. www.nytb.org.

12/13: Visit the beautiful and historic **Eldridge Street Synagogue** for a Hannukah Book Reading, Treasure Hunt, and Crafts. Don't miss the **edible dreidels**. 11 a.m. \$15 admission for two adults and three children. www.eldridgestreet.org.

12/19: A delightful new tradition launches with *Carnival of the Animals* at Columbia University's Miller Theatre. Dubbed "A Musical Salute to Feathers, Fur, & Fins," the production, inspired by Camille Saint-Saëns's celebrated score and poetry by Ogden Nash, uses puppetry, movement, and music. At 3 p.m. and 7 p.m. Tickets start at \$9. www. Millertheatre.com

12/29: Capture the city's magic in "Snow Globes: Winter Wonderland," a makeyour-own workshop at the Museum of the City of New York. 11 a.m. Free with museum admission. www.mcny.org.

1/3: Learn how to make origami figures from folded paper at the **Museum of Natural History's "Family Fun: Folded Fun"** origami workshop at 2:30 p.m. Then visit the museum's **origami-decorated tree**, now an annual tradition. For children 8 and older. \$35 per person. www.amnh.org

Museum of Natural History Origami Workshop



Photos: Julieta Cervantes, Courtesy New York Theatre Ballet; Courtesy NYC Parks Dept.; Courtesy NY Philharmonic; Courtesy Museum of Natural History.

BLOOMINGDALE AGING IN PLACE (BaiP) Bloominplace.org

BAiP is an intergenerational volunteer network of neighbors working to help older residents to continue living at home safely and comfortably. BAiP sponsors social and cultural activities, provides educational tools, and a helping hand for those in need through its Neighbor-to-Neighbor (N2N) program. The latter takes the form of providing help going places, running errands, light shopping, accompaniment at home or outdoors, and information. If you want to contact N2N for this kind of assistance, or to talk about volunteering, e-mail: N2N@bloominplace.org, or call: 212.842.8831 to leave a message with your contact information. Either way, a BAiP member will respond promptly.

Give yourself a gift of good health

Tammy Wise offers a class in BodyLogos each Sunday at the Youth Hostel, 103rd & Amsterdam. The Sunday class costs a \$15 single class rate and \$64 for a series of 5 (\$13 per class). The details at: http://www.bodylogos.com/international-hostelling/

Math and Science Tutoring

Columbia postdoc with over 10 years experience tutoring available to teach math, chemistry, and physics. Standardized tests as well: SAT, AP, ACT, Regents. Call Robert at 646.481.3266 or email at bob314@gmail.com.

Computer Consultant/PC Doctor

Computers repaired, maintained, viruses removed, junk mail controlled. Advice to repair or buy. I do Windows! Contact Greg Williams, block resident at 212.749.2398, 917.771.2929, or prosolutions@stny.rr.com,

Mathematics Tutoring

Former Bronx HS of Science teacher SAT, SHSAT, GRE, LSAT logic games Henry 212-666-0396

QuickBooks Consultant/Professional Organizer

Accounting, business and personal finances, home and file organization. Contact Ellen Curtis at 212.749.2398, 607.829.5631, or EC4QBooks@aol.com.

Pet sitting

Experienced, responsible, caring pet sitter. I take care of your pets like they are my own! Dogs, cats, small animals, birds, reptiles, fish. Very reasonable rates. Call Tova at 212-662-5143 or email tgetoff@gmail.com.

Piano and/or French Lessons

Beginner to advanced, child to adult, by congenial, multi-degreed professional. Call Irina at 212.749.1193.

Personal Assistant

Will organize papers, do bill payments, manage correspondence, day to day scheduling, research, travel arrangements, personal errands, escort to appointments. Excellent references from people in the neighborhood and elsewhere. Very reasonable rates. Contact: Valerie Boss at (347) 664-4499 or vamandaboss@aol.com.

Writer/Editor

Professional writer & Faulkner finalist available for critiques, editing & as a writing tutor. Contact Pat at: 212-615-6927

Your Neighborhood Service Publicized FREE!

Publicize your neighborhood service (babysitting, dog walking, apartment cleaning, etc.) free in the newsletter and on our web site for one year, renewable. To submit an ad mail/deliver this information to Jon Smith, 320 RSD or send to 104thstreetba@gmail.com

For our records: Your name and mailing address

For publication: your name, contact method (phone or email address), description of your service

The block association board meets once a month.

We enjoy having residents attend the meetings.

Please let us know if you would like to attend one and we will send you an invitation.

104thstreetba@gmail.com

Call for Safe Escort Home With Block Guard

If you're ever coming home at night and you'd like to have an escort, please don't hesitate to call Osbourne Thomas, our security guard. He has a special phone for these times, and he will come meet you either on West End Avenue or Riverside Drive and walk with you to your home.

Security Guard Phone Number:

347-723-1517

2015 4th Quarter Dues :	Amount of check:			
Please allocate my contribution to Security Beautification Social Newsletter Box	ard Decision (Suggested amount: \$35 per quarter or \$140 per year)			
Name				
ddress Apt. No				
E-mail Address	Phone			
(For internal use only. The Block Association will not sell, exchange, or lend your e-mail address to any outside parties)				
Suggestions for the block:				
Make checks payable to West 104 th Street Block Association Inc.				
Mail to our treasurer:	or drop off at 308 W 104: Grace, Apt. 1A,			
Barbara Boynton: 905 WEA, #71, NY, NY 10025	895 WEA: Koval, 6D, 320 RSD: Waskow, Apt. 8G 315 RSD: Howitt, Apt. 8C, 309 W 104: Mann, Apt. 3A			