

# West 104<sup>th</sup> Street

**BLOCK ASSOCIATION NEWSLETTER**

**April 14, 2015**

**EDITOR: Jon Smith**



*Every flower is a soul blossoming in nature — Gerard de Nerval*

## **Spring Beautification of Our Block**

Spring is here and you will begin to see beautiful Angelique tulips and daffodils throughout our tree wells as our fall planting comes to fruition. After an unusually long and snowy winter, the flowers will offer a bit of respite and a reminder of fun summer activities to come!

In May, you will notice an upkeep of our tree guards with new paint as well as the planting of the summer flowers. This year's selection will include large coleus, angel-wing begonias, ivy, wax begonias as well as our perennials such as Hofstra and Bleeding Hearts. As in last year, the planting will be done by Urban Explorations, Inc., a professional landscaping company which

specializes in city and tree well planting. As you walk by the landscapers, please let them know how much you enjoyed their plants last year.

We are arranging to have a private tree service as well as the NYC Department of Parks evaluate and fertilize, if needed, our block trees this spring. In addition, the NYC Department of Sanitation will be contacted to have the graffiti removed from the south side of West 104<sup>th</sup> Street.

Your yearly dues and contributions help us keep our block beautiful. We all benefit from the beautification and every contribution helps. Please give today!

*Mary Koval*

## **SAVE-THE-DATE:**

### **May 27, 2015 Annual Block Association Members Meeting**

Our Annual West 104<sup>th</sup> Street Block Association Members meeting will be held on Wednesday, May 27, 2015 from 7:00PM – 9:00PM at the Marseilles Community Room – 230 W. 103<sup>rd</sup> St. (at Broadway).

Meet and vote for your Board of Directors and learn of future activities planned for the block. Our featured guest speaker will be Kate Wood, president of Landmark West. She will address several important issues of immediate concern to everyone who lives in our neighborhood. Let us know your thoughts on community activities, issues, etc.

All residents are invited to participate but only members of the block association may vote for the Directors. Light refreshments will be served.

RSVP to [mtkoyal@aol.com](mailto:mtkoyal@aol.com).

## **COMMUNITY CORNER**

### **Westside Federation of Neighborhoods and Block Associations**

Mary Koval attended the March 2, 2015 meeting of the Westside Federation as a representative of the West 104<sup>th</sup> Street Block

Association. Guest speaker was Betsy Eichel of the Housing Conservation Coordinators organization, a sister group of the West Side Neighborhood Alliance.

Ms. Eichel spoke of the widespread use on the Upper West Side of renting apartments for less than 30 days. These rentals are thus functioning as an illegal hotel as defined by city law. The definition of illegal hotel does

not include guests in your apartment while you are present. The popularity of Airbnb has increased these short term rentals from 900 units in 2009 to 21,000 units in 2014. These short term rentals affect the quality of life for residents of the neighborhood, promote the loss of affordable housing, affect neighborhood businesses, and are a fire safety hazard.

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## The Easter Snow Bunny Visited Riverside Park!!!!



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Photo pg 2: Jon Smith

Photo pg 6: John Marshall Mantel for The New York Times

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## W 104 ST BLOCK ASSN FINANCIAL REPORT March 2015

Opening Balance (3/01/15)		\$34,039.44
<b>Income</b>		
Dues	2145.00	
Newsletter Ads	160.00	
Interest	3.30	
<b>Total</b>	<b>+2308.30</b>	<b>+2308.30</b>
<b>Disbursements</b>		
Guard service	3426.98	
Guard supplement	100.00	
Bank fee	83.81	
<b>Total</b>	<b>-3610.79</b>	<b>-3610.79</b>
<b>Check delayed</b>		<b>-240.00</b>
Closing Balance (3/31/15)		\$32,496.95

If you would like to write for the 104th Street  
Newsletter, we'd love to hear from you.

Please send Jon an email at:

[104thstreetba@gmail.com](mailto:104thstreetba@gmail.com)

### Contributors to the April issue:

Beverly Block, Barbara Boynton, Bonnie Dry,  
Mary Koval, Lynn Max, Hanna Rubin, Jon  
Smith

### West 104<sup>th</sup> Street Block Association Board

President	Gary Waskow 320 RSD 212.932.9082
VP	Alex Grannis 895 WEA 212.316.1644
Secretary	Mary Koval 895 WEA 212.866.3556
Treasurer	Barbara Boynton 905 WEA 212.864.1011
Members	Beverly Block, 320 RSD 440.935.0607
	Barbara Bryan 315 RSD 212.864.5663
	Bonnie Dry 315 RSD 212.222.2102
	Trudie Grace 308 W 104 212.222.2303
	Jeff Howitt 315 RSD 212.866.5569
	Nancy Lian 320 RSD 212.316.6112
	Joyce Mann 309 W 104 212.721.6341
	Martin Mann 309 W 104 212.721.6341
	Lynn Max 315 RSD 212.666.3129
	Jon Smith 320 RSD 212.222.4431
	Steven Zirinsky 315 RSD 212.866.6732
Emeritus	Sid Herzfeld, 895 WEA 212.749.0085





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Interested in Discussing Block Activities for Your Kids?

Please contact Mary Koval, Board Member, at

[mtkoval@aol.com](mailto:mtkoval@aol.com)

## What Improvements Would YOU Recommend in our Neighborhood?

Let Us Know!

As an advocate for you, our block residents, we are in constant contact with our Council Member, Helen Rosenthal, and Assembly Member, Daniel O'Donnell. Helen Rosenthal has asked for our ideas for improving bicycle and pedestrian safety and any other issues.

Please let us know your ideas on bicycle safety and pedestrian safety. Please contact Gary Waskow, West 104<sup>th</sup> Street Block Association Board President at:

[west104blockassociation@gmail.com](mailto:west104blockassociation@gmail.com)

You may also leave your suggestion by visiting our **NEW** Community Bulletin Board at:

<http://bloomingdale.org/resources/forum/>

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# COMMUNITY CORNER

Cont'd from Pg 1

While the Mayor has set up a task force to address this problem, they are more reactive than proactive due to staffing issues. The task force will investigate a case only if a complaint comes in. Please write your elected officials to encourage a more proactive stance to stop this practice.

## Tri-Bloomingtondale Networking in the Neighborhood (NITN)

NITN is a joint initiative of Bloomingdale Aging in Place and the 102-103 and 104th Block Associations, intended for local entrepreneurs who work from home and have their own existing

businesses or practices. The monthly get-together provides an opportunity to make new connections, share knowledge and experience, and support the growth of each other's work.

Each newsletter and our website will feature one or two of our NITN members in order to acquaint you with the wealth of talent and services right in your own neighborhood.

### Lucy Morganstern, Celebrant

Lucy Morganstern, is both a professional violinist with the American Ballet Theater and American Symphony orchestras and a Universal Life Church minister and a celebrant for ceremonies honoring our beloved pets once they have passed.

Ms. Morganstern works collaboratively with the owner to create a personalized ceremony that reflects the owner's wishes. This creative process becomes part of the healing process for the owner. She often plays her violin as part of the ceremony which may include, among other things poetry and personal statements from those who knew the

deceased pet.

Ms. Morganstern has years of healing training and experience. In addition to assisting owners in honoring their pets after their passing she can also help prepare a dying pet so they can pass with "greater ease and peace of mind."

**Website:**

[www.ceremoniesforpets.com](http://www.ceremoniesforpets.com) 212-749-4341  
[ceremoniesforpets@verizon.net](mailto:ceremoniesforpets@verizon.net)



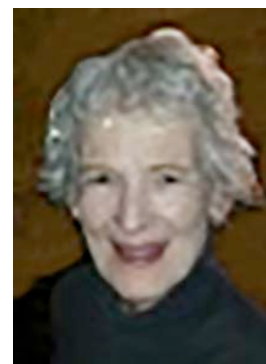
### Susan Zigouras, LP, CN – Psychotherapist, Nutrition Educator

Susan Zigouras is a Licensed Psychoanalyst with a Master's Degree in Nutrition Education who lives in our neighborhood and has been in private practice for 25 years.

Ms. Zigouras works with disordered eating and weight loss from a body mind perspective that helps people change their relationship to food for better health and body weight. Ms. Zigouras believes that "how much or how little we eat is often about what's eating us." She has found that turning the language of food into the language of feeling within a caring

and resourceful therapeutic relationship helps develop a stronger core self and closer ties to others. Ms. Zigouras is currently working on a website.

**Office: 107 West 82<sup>nd</sup> Street, NY 10024  
212-580-4930**



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**For up-to-the-minute community news, visit our website at:**  
<http://bloomingdale.org/our-neighborhood/community-corner/>

**NEW**

**NEW**



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BASHIR SUBA RPH  
PCCA MEMBER

# Obituary: Marsha Tantleff

When Marsha Tantleff, a longtime resident of 315 Riverside Dr., died on March 2 of acute leukemia in Calvary Hospital in the Bronx, friends and neighbors on West 104<sup>th</sup> Street were bereft of someone who represented much of what made the



block special. Tantleff, a native New Yorker, had moved into 315 Riverside Dr. in 1988. Mornings and evenings would find her walking her dog—first her mixed breed Daisy, and later a rescue named Sally whom she used to say “had issues”—chatting

with other dog owners, children, parents, and neighbors coming home from work. A dental hygienist, Tantleff gave generously of her time for many years on the Block Association board, where she helped pulled together many Yard Sales. The night before each would find her with Daisy or Sally, slowly making her way up one side of the block and down the other, marking off the spaces for the tables with a piece of chalk.

Tantleff also helped many in more personal ways, and it is memories of that kindness and generosity that brought her neighbors the most acute sense of loss. “When I shattered my arm ten years ago after falling down a flight of subway steps, Marsha volunteered to regularly walk my dog for me,”



recalled Jane Levine, a 315 RSD friend and neighbor. It was a typical gesture. Another neighbor, Liz Rudey, remembered that Tantleff, who lived down the hall, had helped to plan Rudey’s daughter’s bat mitzvah. Others remembered Tantleff’s passion for cooking, and her contributing meticulously prepared dishes to their parties and holiday gatherings. “She made a helluva charosis for Passover,” remembered Levine.

Many remembered how Tantleff’s dogs seemed like a part of her. Teri Figliuzzi recalled that when her daughter Jaime was 2, she fell in love with Daisy. “Marsha allowed Jaime to hold the leash, and the three of them had wonderful times together,” she said. “She treated children in a way that respected them for their thoughts on an equal level to adults. She never spoke down to them, babied them or disregarded what they had to say.” She recalled Tantleff later taking their son on the dog walks as well, and helping the children shop for a dog bed when the family got their own dog. “Marsha was always there for us,” she said.

Tantleff, 67, had earned her B.A. in psychology from Hunter College, and she returned to Hunter to earn an MA in TESOL in 2009. Once she had her MA, she began teaching as an adjunct at New York University’s School of Dentistry, where she took great interest and pride in her students.

Through the last year of her illness, Tantleff largely kept her humor despite the challenges of her several treatments at Columbia Presbyterian. She had a steady stream of visitors from the block, a testament to how much she meant to those who knew her. When she moved to hospice care, they came to say goodbye. “Marsha was such a valuable member of our block community, caring and involved,” said Rudey. “She was like family. I am deeply sad about not having her friendship for another 20 years.”

*Hanna Rubin*

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## -----Newsletter Calendar-----

April - June 2015

**4/12 Violin, Viola and Cello Concert.** Hyunjung Joo, Jee Sin Lee and Suji Kim perform Schubert, Handel and Beethoven. Nicholas Roerich Museum, 319 W 107<sup>th</sup> St. 5PM. FREE. [www.roerich.org](http://www.roerich.org)

**4/15-8/15 Sinatra: An American Icon.** Exhibit at NYPL for the Performing Arts. Lincoln Center, 212 642-0142 FREE

**4/15 Master Class – Cello.** Manhattan School of Music, 120 Claremont Ave, Miller Recital Hall, 4-7 PM. FREE. [www.msmnyc.edu](http://www.msmnyc.edu). Check web site for many free concerts

**4/16 Bloomingdale Neighborhood History Group.** A presentation about West Side Federation for Senior and Supportive Housing. 6:30 PM, Youth Hostel Ballroom, 103<sup>rd</sup> St. and Amsterdam Ave. FREE The website, [www.upperwestsidehistory.weebly.com](http://www.upperwestsidehistory.weebly.com), has information on monthly history programs about our neighborhood and free neighborhood walking tours.

**4/18 Spring Grand Wine Tasting.** Martin Brothers Wine and Spirits. They will pour their Rose selection, specialty cocktails and red wines to pair with BBQ's. 107<sup>th</sup> and Broadway, 3:30 – 8 PM.

**4/19 Organ Concert with Harold Stover.** St. John the Devine, 5:00-5:45 PM. FREE

**4/21 Go Green: Found Art.** Art workshop for ages 12-18. Create jewelry out of everyday objects. Materials provided. 4 PM, Bloomingdale Library, 150 W 100 St. FREE

**4/24 Chamber Jazz Strings Concert.** 7:00 PM. One of many free Concerts at Bloomingdale House of Music, David Greer Recital Hall, 323 W. 108<sup>th</sup> St. [www.bsmny.org](http://www.bsmny.org)

**4/25 Medieval Arts Workshop for Children.** Children will carve limestone, create illuminated letters, and more at St. John the Divine. 10AM-12PM. \$6 per child. Meet at Visitor Center. RSVP [www.stjohndivine.org](http://www.stjohndivine.org).

**4/25 Wall to Wall Johnny Cash.** 4 PM, Symphony Space, FREE

**Mondays Singer's Space at Bar Thalia.** Jazz Open Mic. \$5 glasses of wine, no cover. 9:00 PM, Thalia Theater, W 95<sup>th</sup> Street. [www.symphonyspace.org](http://www.symphonyspace.org)

**4/28 Book Launch, Eric Foner's Gateway to Freedom: The Hidden History of the Underground Railroad.** Book Culture, 450 Columbus Ave. (82<sup>nd</sup> St) 7:00 PM FREE

**Until 5/10 Audubon's Aviary.** The third and final Exhibit of Audubon's watercolors from the collection of the New York Historical Society. 77<sup>th</sup> Street and Central Park West. Fridays, 6-8 PM, pay what you wish.

**NEW**

Please check our website for up-to-the-minute events at

<http://bloomingdale.org/events-activities/calendar/>

**5/1 & 5/3 Opera Repertoire Ensemble.** Manhattan School of Music, Ades Performance Space, 120 Claremont Ave. 7:30 PM FREE [www.msmnyc.edu](http://www.msmnyc.edu)

**5/3 Hippo Playground Spring Fair.** Games, petting zoo, pony rides and more. 10-4, Riverside Park at 91<sup>st</sup> Street.

**5/3 Irish Dance Festival.** Pier 1, Riverside Park at 68<sup>th</sup> Street. Dancing and activities for the whole family. 1-7 PM FREE

**5/6, 5/7 The Road of Promise.** US Premiere of a new concert adaptation of Kurt Weill's "The Eternal Road" with the Collegiate Chorale. Carnegie Hall. Tickets from \$30, 25% discount for members of the W. 104<sup>th</sup> St. Block Association. May 6<sup>th</sup> concert is at 8:00 PM, May 7<sup>th</sup> is at 7:00 PM.

**5/10 Birding Basics for Families.** Charles Dana Discovery Center, 110 Street between 5<sup>th</sup> and Lenox in the Park. 10-11 AM. Experience Central Park when it becomes a migration hot spot. FREE (also May 24, May 31, same time)

**5/10 Piano Concert.** Ieva Jukubaviciute plays Mozart, Janacek, Murail and Brahms, Nicholas Roerich Museum, 310 W 107 St. 5 PM FREE

**5/11 Pop-up Concert, Daedalus Quartet.** Weinberg Piano Quintet, Opus 18 in F Minor. Miller Theater, Columbia University 6:00 PM (doors open 5:30), 2960 Broadway. FREE [www.millertheater.com](http://www.millertheater.com)

**5/14 Great Music in a Great Space:** The Winged Lion, Music of the Venetian Republic. St. John the Divine, Chapel of St. James. 7:30 – 9:00 PM. \$25. [www.stjohndivine.org](http://www.stjohndivine.org).

**5/16 It's My Park Day.** Open Volunteer event in Riverside Park. Various locations (and volunteer house at 108<sup>th</sup> Street) 10-1, [www.riversideparknyc.org](http://www.riversideparknyc.org).

**5/23 Central Park comes alive at night,** with the activity of its nocturnal residents. Family activity, children welcome. Belvedere Castle, mid Central Park at 79<sup>th</sup> Street. 8 PM FREE

**5/27 Shakespeare in the Park: The Tempest.** Delacorte Theater, 8:00 PM. Every night except Sunday through 6/15. FREE. Visit the Public Theater website for information on obtaining tickets.

**5/29 Guitar Trios.** Bloomingdale House of Music, David Greer Recital Hall, 7 PM FREE **6/12 San Francisco Opera performs Showboat.** Symphony Space. Tickets \$19 -23. 8:00 PM. [www.symphonyspace.org](http://www.symphonyspace.org).

**OCT 3 SAVE THE DATE! W. 104<sup>TH</sup> STREET'S YARD SALE!!**

**Ongoing**

**The Nicholas Roerich Museum.** The museum offers free concerts and poetry readings most every Sunday at 5 PM. 319 W 107<sup>th</sup> St. 5 PM Please check their website at [www.roerich.org](http://www.roerich.org) or the block association website calendar for events at [www.bloomingdale.org](http://www.bloomingdale.org)

**NYC Public Library for the Performing Arts, Dorothy and Lewis B. Cullman Center.** This venue offers many classes and programs throughout the months, usually free. 40 Lincoln Center Plaza. Closed Sunday. Check website for programs: [www.nypl.org](http://www.nypl.org)

**Bloomingdale Library.** Our library offers many classes and activities for children and adults alike. 150 West 100<sup>th</sup> St. (Betwn Amsterdam & Columbus). Closed Sunday. Check website for classes: [www.nypl.org](http://www.nypl.org)

**Great Music in a Great Space.** In celebration of the restored Great Organ, the Cathedral presents a concert series most every Sunday. Cathedral of St. John the Divine 1047 Amsterdam Ave. 5PM FREE Also offered every Monday at 1PM [www.stjohndivine.org](http://www.stjohndivine.org)

**Cathedral of St. John the Divine Tours.** Explore the many highlights of the Cathedral's history, architecture, and artwork from the Great Bronze Doors to the seven Chapels of the Tongues. The Cathedral Church of St. John the Divine 1047 Amsterdam Ave. 11AM and Noon, 203PM Mondays; 11AM-Noon, 1-2PM Tuesdays, 1-2PM select Sundays \$6.00 (\$5.00 seniors) [www.stjohndivine.org](http://www.stjohndivine.org)

**The Bloomingdale School of Music.** BSM offers FREE concerts by faculty on Friday evenings. Please check their website at: [www.bsmny.org](http://www.bsmny.org) or our website Calendar at [www.bloomingdale.org](http://www.bloomingdale.org) for upcoming concerts.

**The Jewish Museum.** The museum offers many talks and family activities throughout the summer. Please visit their website for an interesting array of activities from art talks to art classes. [www.thejewishmuseum.org](http://www.thejewishmuseum.org)

**BAiP Social Activities – Bloomingdale Aging in Place (BAiP) sponsors 400 activities a year.** For a complete list of activities and to learn more about this wonderful organization, please visit <http://bloominplace.org>

# **BLOOMINGDALE AGING IN PLACE (BaiP) ----- Bloominplace.org**

**BAiP** is an intergenerational volunteer network of neighbors working to help older residents to continue living at home safely and comfortably. BAiP sponsors social & cultural activities, provides educational tools, and a helping hand for those in need through its **Neighbor-to-Neighbor (N2N)** program. The latter takes the form of providing help going places, running errands, light shopping, accompaniment at home or outdoors, and information. If you want to contact N2N for this kind of assistance, or to talk about volunteering, e-mail:

[N2N@bloominplace.org](mailto:N2N@bloominplace.org), or call: 212.842.8831 to leave a message with your contact information. Either way, a BAiP member will respond promptly.

## **Give yourself a gift of good health.**

Tammy Wise offers a class in Body Logos each Sunday at the Youth Hostel, 103<sup>rd</sup> & Amsterdam. The Sunday class is a \$15 single class rate and \$64 for a series of 5 (\$13 per class). The details at: <http://www.bodylogos.com/international-hostelling/>

## **Math and Science Tutoring**

Columbia postdoc with over 10 years experience tutoring available to teach math, chemistry, and physics. Standardized tests as well: SAT, AP, ACT, Regents. Call Robert at 646.481.3266 or email at [bob314@gmail.com](mailto:bob314@gmail.com).

## **Computer Consultant/PC Doctor.**

Computers repaired, maintained, viruses removed, junk mail controlled. Advice to repair or buy. I do Windows! Contact Greg Williams, block resident at 212.749.2398, 917.771.2929 or [prosolutions@stny.rr.com](mailto:prosolutions@stny.rr.com).

## **QuickBooks Consultant/Professional Organizer.**

Accounting, business and personal finances, home and file organization. Contact Ellen Curtis at 212.749.2398, 607.829.5631 or [EC4QBooks@aol.com](mailto:EC4QBooks@aol.com).

**Pet sitting.** Experienced, responsible, caring pet sitter. I take care of your pets like they are my own! Dogs, cats, small animals, birds, reptiles, fish. Very reasonable rates. Call Tova at 212-662-5143 or email [tgetoff@gmail.com](mailto:tgetoff@gmail.com).

## **Piano and/or French Lessons.**

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## **Mathematics Tutoring**

Former Bronx HS of Science teacher SAT, SHSAT, GRE, LSAT logic games Henry 212-666-0396

**Personal Assistant** Will organize papers, do bill payments, manage correspondence, day to day scheduling, research, travel arrangements, personal errands, escort to appointments. Excellent references from people in the neighborhood and elsewhere. Very reasonable rates. Contact: Valerie Boss at (347) 664-4499 or [Yamandaboss@aol.com](mailto:Yamandaboss@aol.com).

## **Writer/Editor**

Professional writer & Faulkner finalist available for critiques, editing & as a writing tutor. Contact Pat at: 212-615-6927

## **Your Neighborhood Service Publicized FREE!**

Publicize your neighborhood service (babysitting, dog walking, apartment cleaning, etc.) free in the newsletter and on our web site for one year, renewable. To submit an ad mail/deliver this information to Jon Smith, 320 RSD or send to [104thstreetba@gmail.com](mailto:104thstreetba@gmail.com)

**For our records:** Your name and mailing address

**For publication:** your name, contact method (phone or email address), description of your service

**The block association board meets once a month.**

**We enjoy having residents attend the meetings.**

**Please let us know if you would like to attend one and we will send you an invitation.**

[104thstreetba@gmail.com](mailto:104thstreetba@gmail.com)

# **Call for Safe Escort Home With Block Guard**

If you're ever coming home at night and you'd like to have an escort, please don't hesitate to call John, our security guard. He has a special phone for these times and he will come meet you either on West End Avenue or Riverside Drive and walk with you to your home.

**Security Guard Phone Number:**

**347-723-1517**

## **2015 2nd Quarter Dues :**

Amount of check: \_\_\_\_\_

Please allocate my contribution to

\_\_\_ Security \_\_\_ Beautification \_\_\_ Social \_\_\_ Newsletter \_\_\_ Board Decision (Suggested amount: \$35 per quarter or \$140 per year)

Name \_\_\_\_\_

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E-mail Address \_\_\_\_\_ Phone \_\_\_\_\_

(For internal use only. The Block Association will not sell, exchange, or lend your e-mail address to any outside parties)

**Suggestions for the block:** \_\_\_\_\_

Make checks payable to West 104<sup>th</sup> Street Block Association Inc.

Mail to our treasurer:

Barbara Boynton: 905 WEA, #71, NY, NY 10025

or drop off at 308 W 104: Grace, Apt. 1A,

895 WEA: Koval, 6B, 320 RSD: Waskow, Apt. 8G

315 RSD: Howitt, Apt. 8C, 309 W 104: Mann, Apt. 3A